



# Be Beautiful

By KAREN CROKE

## *Learn How From a Pro*

"Every face is an original. Your makeup is personal... like a signature,,, says Juliet Stewart, an internationally known make-up artist and consultant. On your wedding day, your signature should be beautiful and simple and Stewart will show you the way.

"The most important thing for a bride to understand is that you need to be comfortable with your face. If you are not really into a lot of make-up, your wedding is not the time to go with a total make-over and lots and lots of make-up,,, she says.

Make-up should be an accessory, just like your shoes, your jewelry . It should enhance and emphasize your best features.

The way you'll look on your wedding day should start to take shape as soon as you get engaged and the first step is to start taking good care of your skin. "Most women are too pre-occupied with colors and the make-up and they overlook skin care,,, says Stewart. "For your wedding, you want to have beautiful skin; a nice, clean elegant look. Isn't that every bride's dream? Color is just the icing on the cake.,,

Then next step in this skin care regimen should be to exfoliate your skin. Exfoliating helps to polish the skin, removes the dead skin cells on the surface of the face (which can clog pores) and also helps with the proper absorption of moisture to the skin.

Stewart recommends using Clarins Gentle Refiner Exfoliator two or three times a week. She likes Clarins products because they are all botanical-based and great for sensitive skin. Invest in a good moisturizer and an eye cream, too. Estee Lauder's Renewal Eye Cream is a good choice, and Origins has one, too.

Here are some other tips from Stewart, a former model who was a national make-up artist for ten years.



*before*



*after*

## *Lips*

"Your eyebrows frame your face, the lips balance it. These two features of your face are the most important, so pay lots of attention,,, says Stewart. For your lips, use a conditioning treatment, such as Clarins Lip Balm Treatment. "Put this on your lips every night and apply it as a child would — all over the outside of the lips and the lip line as well. You may look silly, but it is the best way to condition the lips.,,

Believe it or not, Stewart says to exfoliate your lips, too. "Try to do this twice a week in the shower. Again, this helps to remove dead skin, which tends to drink up any moisture on the lip surface. "So, when you put on lipstick, the moisture is absorbed right into the lips, which is why the color always seems to be fading,,, says Stewart. Make sure to exfoliate and moisturize and you should have no trouble with your lip color's staying power!

When lining the lips, the biggest mistake women make is following the pink pigment in the lips instead of following the ridge. .

Lip tip: When you browse for new lip color, apply it to the inside of your finger. The color is the closest match to your lip color, and it's easier to bring your finger up to your lips to compare.

## *Foundation and Powder*

When it come time to choose a foundation, choose one that fits your skin type, preferably with an SPF factor and apply it to the skin on your neck to check for color match. Stewart loves Clarins Beauty Flash Balm, which acts as a quick pick-me-up. You spread a thin layer on your face and it helps to give your foundation a more radiant effect.