

breastlight™ an introduction

Helping you feel
more confident about
your breast health



www.breastlight.co.uk

what is breastlight?

Breastlight is a new breast health product for women. It's been designed for use as part of your regular breast awareness routine but gives you a new view of your breasts.

Breastlight works by shining a bright red light through your breast tissue. The light, which is perfectly harmless, highlights the blood vessels which normally show up as dark lines (see photo).

If you see a dark spot or shadow, however, this might suggest an abnormality which should be checked out with your doctor.

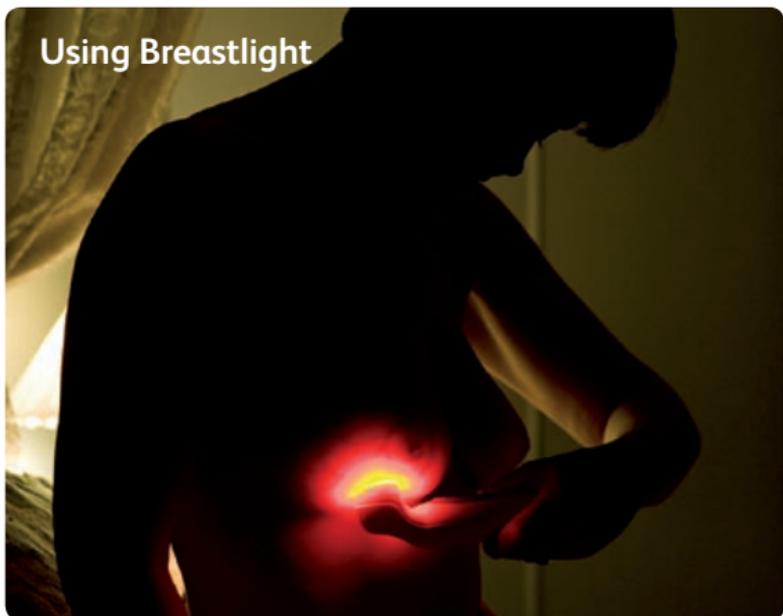
Breastlight can be used by women of all ages and particularly by menopausal or post-menopausal women where the density of the breast has changed. By using Breastlight regularly at home, you will become familiar with the normal pattern of blood vessels in your breast and learn what your breasts look like when lit by your Breastlight. This should make you feel more confident about your breast health. You can use Breastlight as often as you like with no side effects.

how to use breastlight

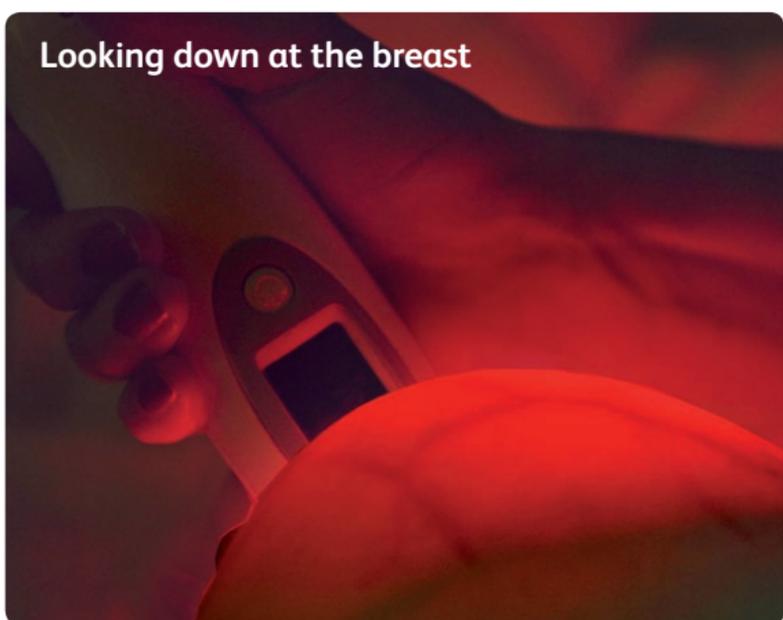
Breastlight has undergone extensive testing in Well Woman Clinics and at home. It is easy to use and runs off a chargeable battery. For the best view of your breasts, you should use your Breastlight in a darkened room to allow for maximum illumination from the red light. You may find applying a water-based lubricant helps you to slide the Breastlight across your breasts more smoothly.

After use, simply switch off and wipe clean. Breastlight comes with a mains-powered battery charger.

Using Breastlight



Looking down at the breast



Here you can see veins and the nipple



Enlightened breast awareness

Use Breastlight as part of your normal breast awareness routine at home.

Breastlight is not a substitute for the routine breast screening you receive if you are aged 50 or over – we'd strongly advise you to take advantage of the chance to have a mammogram.

If you notice any changes in your breasts you should ask your doctor about them as soon as possible. They will probably be harmless but your doctor will be able to reassure you.

Call us on **0845 301 1452** if you have any questions or visit our website at www.breastlight.co.uk or e-mail: info@breastlight.com



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